**Prayer**

Prayer for Child Protection Sunday (11th September)

Gracious God you said let the children come to me. The hurt felt by those wounded by abuse weighs heavily upon us. Often trust has been eroded when institutions failed to appropriately respond to their needs. Lord, we as your Church stand in need of your healing and help. We ask you God to strengthen and guide all in our Catholic communities. Grant us wisdom in our time to make decisions that protect children and the vulnerable.

May our families and communities, through love, generosity, commitment and patience build stronger communities safe for children.

Let your grace and love fall gently upon our children giving them the inner strength, peace and resilience they will need for their life’s journey.

We ask you God to help our Catholic communities to be resolute in building a community where our children both flourish and are safe.

Amen

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**COMING EVENTS**

**Friday, 9th September**
- Pupil Free Day (Staff Retreat)
- Boarders Exeat

**Sunday, 11th September**
- Youth Mass @ Boarding House (Lions Youth Hostel)
- Year 8 Tod River Excursion

**Monday, 19th - Thursday, 22nd September**
- Reception - Year 6 Optional Interviews

**Wednesday, 21st September**
- Japan Trip Meeting 6.30pm

**Thursday, 22nd September**
- Reconciliation (7pm)
- Year 5 Camp Mikkira Station

**Friday, 23rd September**
- Ready 4 School
- Year 5 Camp Mikkira Station

**Friday, 30th September**
- Final Day Term 3 (2.20pm Finish)

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**A Message From Our Principal**

Students in Year 10 have been involved in Australian Business Week over the last few days. It has struck me in visiting classes, talking with students and seeing the outcome of their labours in the stalls and presentations, that our Year 10s have really stepped up to the plate in embracing the learning opportunities this activity has provided. There has been relaxed, yet purposeful and effective learning, something that I think is a hallmark of St Joseph’s.

Learning is so much more than grades, report cards and memorization of facts, formulas and spelling rules. Yes, these things are important, but with the revolution in technology, so much knowledge, if filtered discerningly, is just a click away. The ‘three Rs’ of my childhood – reading, writing and arithmetic (maybe spelling wasn’t the strong point then!) – have been replaced by the ‘three Rs’ of respect, resilience and relationships. Schooling has to develop in students more than the capacity to find and store knowledge. The ability to ask questions, work collaboratively and respectfully, find solutions, talk confidently, bounce back and learn from mistakes with resilience and a positive outlook, support and lift up others; these are the critical ‘soft skills’ of a holistic education.

Our values at St Joseph’s are the foundation to this all-round learning. We want our students to experience success and joy in their learning, but we also support them, in partnership with families, to grow into responsible, resourceful, resilient, caring, values-driven good people. Daily I see that this is working, and where we make mistakes, as we all do, we have a focus on restoring good relationships, picking ourselves up and trying harder next time.

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**SJS ‘Face of Mercy’**

This week we congratulate

**Eric Deng**

for being consistently thoughtful, considerate and generous, and always being quick to volunteer to help others.

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PO Box 971, Port Lincoln SA 5606 | Telephone 08 8683 2400 | www.sjspl.catholic.edu.au
Carpark Safety
Following a minor accident in the drop off/pick up zone this week, we remind all drivers to be vigilant in the carpark. Please:
- Leave adequate space between cars
- Ensure your child/ren use the passenger side doors of the car rather than walking between cars
- Use your handbrake for additional safety on the slope
- Follow the recently communicated traffic flow directions, all signage and speed limits
- Refrain from parking in the drop off/pick up zone

Staff Retreat - Professional Development
Tomorrow St Joe’s staff will gather at the Coffin Bay Yacht Club for the annual Staff Retreat. The day will be facilitated by Julian Kluge, a Consultant on the RE Team at CESA. Staff will explore the concept that ‘we are all born spiritual’ and will be led through a reflection of the child within, and the gifts we each bring to our school and community. We are all looking forward to Julian’s input, and a renewing and enriching retreat experience.

Youth Mass
This Sunday at 6pm Youth Mass will be celebrated at the Boarding House at the Lions Youth Hostel, North Shields. All families are warmly invited to join us at this celebration, and stay for a barbecue tea afterwards.

medSPACE Program Residential Workshop - Yr 10 & 11 Students
RDWA’s medSPACE Residential Workshop is a three-day camp held in July each year to support rural high school students to pursue their dream of studying medicine.

medSPACE camp participants will tour Flinders University and the University of Adelaide, learn about the courses available, the Undergraduate Medicine and Health Sciences Admission Test (UMAT), and key dates, resources and contacts. There will be practical clinical sessions and an opportunity meet current medical students and future medical students.

The medSPACE program brings together 50 students from a rural background for a workshop in Adelaide with qualified staff providing 24 hour supervision. Accommodation, travel and meals during the three-day workshop are provided by the RDWA - all you need to cover is the cost of getting to and from Adelaide. If you are in Year 10 or 11 at a rural high school or boarding college and your hometown is in rural South Australia, then this workshop may be for you.

For more information and how to register for 2017 visit: https://www.ruraldoc.com.au/medspace-program

Second Hand Uniform Shop Money (under $20)
Money can be collected from the uniform shop during the normal uniform shop hours Monday & Wednesday 3.00 pm - 5.00 pm. People to collect money are:

Around School

Year 10 Australian Business Week (ABW)
This week the Year 10 students have been involved in the Australian Business Week Program. This is a unique learning opportunity offered by the school where students working in small groups get to experience what it is like to finance, operate, and market a cafe business. An important aspect of this program is the involvement of school and wider community members.

The Year 10 students and staff would like to thank the following school community members Cate Wuttke, Maree Easton, Kate Benjamin, Gavin Pinnington, Lee-Anne King, Luke Yancic, Karen Browne and Sandra Hewson.

We have also been fortunate to have the involvement of the Port Lincoln Community and would like to thank Julie Lowe and Andrew Fraser as well as the following members of Rotary, Mike Munro, Jim Kay, Colin West and Geoff Rayson for mentoring the students.

Many thanks also to Phil Channon from Bendigo Bank and Kris Bunder from Del Giorno’s for coming in and sharing their business experience and expertise with the students.

This year, due to the entrepreneurial spirit of the students we would also like to thank those business which have made donations: Woolworths, Bakers Delight, Coles, Foodland, Food Warehouse, Possums IGA, Gourmet Meats, Nick’s Carpet Court, Choices and Bunnings.

Students Eliza Nelligan and Yasmin Ross with mentor Andrew Fraser.

Students Laura Anderson, Alice van den Broek and Maddie McShane.

Student Maia Trewartha with Port Lincoln Woolworths Manager Ashley Martin (right) and Woolworths employee Tristan.

Students Danika Dayman and Charlie Sawley in front of their group stall, Happy Café.
Year 8 Geography
In Year 8 Geography, students have been learning about landscapes and the associated landforms. This involved researching the human imports, indigenous history and environmental influences. In a group of 10, students created models of their landscape and today shared their learning with the year 8 grade by displaying and presenting their research.

Andrew Casanova
Year 8 Coordinator

Year 4 Book Swap
Every week at St Joseph’s is Literacy and Numeracy Week and we are always engaged in a variety of activities and learning experiences in these areas. This week we recognised Indigenous Literacy Day and held a book swap which also raised money for the Indigenous Learning Program.

Year 7 Guest Speakers
Skye Doudle was a great ambassador for St Joseph’s when Father Paul Crotty from Pt. Augusta recently came to speak to all of the Year 7 students about vocation and hearing the call. Skye was able to speak about her own experiences from the heart and, in honour of the visit from Father Crotty, created a painting for him which symbolizes what his visit meant to her. The painting will be given to Father Paul by another visitor from the Diocese, Sister Elizabeth Young who is also speaking to the Year 7s this week about Social Justice issues in particular the ideas of social justice for refugees. Year 7s have many visiting speakers this term to enrich their learning about Catholic Social Justice teachings.

Kellie Grace
Year 7 Religious Education Teacher

Numeracy Support Program
Lee-Anne King (Numeracy Coach) has trained a small group of volunteer parents to deliver a Numeracy Support Program to our youngest students. The aim is to give the children extra support and practice in their learning about numbers and to help them become more ‘automatic’ with number recognition (subitising). The parent helper works regularly with students for short sessions which are engaging and fun. Please contact Lee-Anne if you are interested in helping with this too.

Art Shirts
We recommend that all students who are doing paint and craft activities wear an art shirt or apron to protect their school uniform. These are stored in classrooms and art areas or students are welcome to bring one from home.

Canteen Roster - Week 8 Term 3

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If you are unable to attend your rostered day, please contact canteen staff on the school number 8683 2400.

Soup: Spanish Tomato
$2.50 per cup | Roll: 80c

Specials: Butter Chicken with Rice and Naan Bread
Meatball Sub with Cheese
Small serve $3.50 Large Serve $5.50

Community News
National Gone Fishing Day
Presented by Tackle World, National Gone Fishing Day, Sunday 16th October Port Lincoln Foreshore. From 8am to 4pm. For more information visit Tackle World Port Lincoln, Hallett Place.
Message from Fr Steve

A Tribute to
Anna Maria De Guglielmo

The great apostle of the young once asked and then proceeded to answer his own question: Do you wish to do something most pleasing to God? Help in the education of the young! This was the vocation that Anna Maria De Guglielmo embraced and lived for the whole of her working life. Apart from a brief stint at Marymount College, Anna’s entire life as an educator was spent in Josephite Schools. Like St. Mary of the Cross, Anna knew that education was the most important vehicle in providing the young with the means to develop spiritually, intellectually and socially. Her years at Josephite Schools included two significant roles of leadership. During her second stint in Port Lincoln where she was Deputy Principal and Acting Principal (2002-2006) and then at St. Joseph’s School, Renmark where she was Principal from 2007-2010.

Anna’s journey as an educator of the young began at St. Joseph’s School, Port Lincoln in 1981. St. Joseph’s was the place where so many of us were introduced to the noble art of teaching. It was an idyllic place where we were given responsibilities which belied our relative inexperience. Under the caring eyes of legendary Josephites like Sr. Catherine, Sr. Genevieve and Sr. Maria-Anne, Anna came to teach Economics, Italian and Religious Education to the growing Secondary school. It was a school where the teachers and staff had more fun than the students. Friendships formed in those early years became life-long ones. Across the years and the miles, we’ve stayed in contact, charted each other’s journeys and caught up whenever the opportunities presented.

A tribute published in the Port Lincoln Times last Thursday read: “St. Joseph’s School community, past and present, remember Anna with fondness and respect. Anna was a generous, compassionate, wise and gentle leader, colleague and friend who enriched our community in Port Lincoln.” Like the great St. Paul, we can announce with conviction: The life and death of Anna De Guglielmo has (and continues to have) its influence on others. In Anna’s case this influence is immense, impressive, wide and enduring.

Many of us shared some very memorable times with Anna. An overseas holiday in 1983 to Manila, Macau, China and Hong Kong and an eventful camping trip to the Flinders Ranges loom large. It was evident from our trip to the Flinders that Anna was never destined to teach Agricultural Studies. As we crisscrossed the country side we travelled across numerous cattle grids. Anna was intrigued by these grids and inquired as to their purpose. Paul Wallace explained: The cattle grids are like a toilet for stock. When a cow or sheep feels a need to ‘go’ they travel to the nearest fence line, follow the fence to the grid which acts like a designer toilet. Anna was more than satisfied with the answer and only later realized the folly of Paul’s ridiculous explanation! In Hong Kong Anna was a little taken aback when told by a local tailor that the outfit she ordered would cost much more than those ordered by the other members of the touring party. On inquiring about the discrepancy she was promptly told: More sheep had to sacrifice their fleece for your outfit!

October 2010 was a proud moment for our nation with the canonisation of our first saint: St. Mary of the Cross. This was also a proud time for Anna. She breathed and lived the spirit of St. Mary of the Cross. It was so foundational to who she was and defined her vocation as an educator. Months before the canonization, discussions (sometimes robust discussions) ensued about how the Catholic School and Parish communities of the Riverland would celebrate the canonisation. Anna mounted a very strong and compelling argument that our Riverland celebrations should be at St. Joseph’s School, Renmark, the first Josephite School opened in the region. She won the day and then set about providing visionary leadership to ensure a very memorable celebration of this pivotal moment in the history of our nation occurred. What transpired was a joyful and participative Mass, a picnic tea and the watching of proceedings from Rome on the big screen.

Anna’s death, at such a relatively young age, causes us to stop, to reflect on the brevity of life and to ponder the purpose of life ... maybe even to reassess our priorities. Are our lives giving glory to God and helping those we serve to live happier lives, holier lives and more human lives?

A Prayer for Anna

We Pray that Anna may continue to laugh, make others laugh and dance to heavenly tunes with others who have passed. May she be reunited in joy with those who she held so dear to her heart.

Lord Hear us.
SPELD SA Regional Tour Sept 2016

SPELD SA will be presenting the following workshops

22-23rd September
Cowell Area School 42 Story Rd Cowell

Workshop 1 (Reference 220916)
Parents’ Information Night 7- 8:30pm
This session looks at the problems encountered by students with dyslexia and the ways in which they can be assisted.
No Cost

Workshop 1 (Reference 2309161)
Explicit Teaching techniques for reading and spelling in the junior primary and primary years (R-Y7) (8:30-10:30am)
Some students need extra support in how to use phonics to read and spell. Take part in a hands-on practical session that will demonstrate a range of teaching strategies and techniques designed to develop automatic decoding and spelling skills. For teachers and SSOs.
Cost $40

Workshop 2 (Reference 2309162)
Dyslexia: How to recognise and accommodate primary students in the classroom (all year levels) (11 am – 1 pm)
Looks at the types of difficulties students with specific learning difficulties experience in the classroom and explores a range of ways to differentiate writing tasks during the planning stage, in everyday lessons and for homework tasks. We also explore assistive technologies that are available. Cost $40

Workshop 3 (Reference 2309163)
Making Independent Writers of students with Working problems (year 3 +) (2- 4pm)
Looks at how, from an early age, such children can become independent writers using tools such as Audacity to plan and record ideas, simple mind mapping techniques, multisensory strategies to help them hear sounds in words and word prediction programs such as Word Q4 to expand their written vocabulary.
Cost: $ 40

Bookings close Friday 10th September
WORKSHOP REGISTRATION FORM

Workshop fees include GST

Cancellations will incur a 20% administration fee.

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**TOTAL PAYMENT** – please circle - (Cheque / Money Order / Credit Card)

Please print this order form, complete it and send it with your cheque, money order or credit card details – Cheques to be made payable to SPELD (SA) Inc

NAME: ________________________________ [SPED TUTOR / MEMBER / NON-MEMBER (please circle)]

ADDRESS: ____________________________________________

POST CODE: _______ TELEPHONE: _______ (Mobile) _______ (Work)

EMAIL ADDRESS: _______________________________________

SCHOOL SECTOR: DECS / CATHOLIC EDUCATION / AIS SA (please circle)

LEVEL: JPRIM / PRIM / SEC / TERTIARY (please circle)  PARENT / TEACHER / OTHER (please circle)

CREDIT CARD PAYMENT OPTION: VISA ☐  MASTERCARD ☐  EXPIRY DATE ______/

CVC _______ (3 digits back of card)

NAME ON CREDIT CARD _______________________________________

SIGNATURE ________________

CARD NUMBER [ ] [ ] [ ] [ ]
About this presentation
This event is presented by Black Dog Institute, Country SA PHN and Country SA Suicide Prevention Network. The evening will include a presentation delivered by someone with a personal experience of depression. Titled ‘Breaking down depression and building resilience’ this is a 1 hour presentation suitable for general audiences with, or without depression or a mood disorder. It will provide accurate information about what mood disorders are, their causes, how to spot early warning signs, what to do and how to build personal resilience.

SA Health with support of the City of Port Lincoln are garnering support for the development of a Suicide Prevention Community Network in Port Lincoln. Those attending will learn more about SA Suicide Prevention Networks and how they provide a coordinated and sustainable approach to suicide prevention in the community. Network membership is open to all.

**When:** Wednesday 14th September 2016, 6:00pm - 8:00pm  
**Where:** Port Lincoln Hotel — 1 Lincoln Highway, Port Lincoln SA 5606  
**RSVP:** JCooper@countrysaphn.com.au

**For more info:** email community@blackdog.org.au or call (02) 9382 8518  
**Website:** www.blackdoginstitute.org.au (Community education programs)

This evening is made possible due to a grant from the HSBC Foundation.
Brief History of MAP
In 2004 Dr Coleman coordinated, developed and trained professionals in an award-winning project aimed to increase the understanding of infant mental health within the community. She used her specialist clinical knowledge and expertise to create the MAP Workshop series for parents in 2008. The first fully accredited MAP™ Instructors were trained in March 2009. The training program is run nationally.

CONTACT the Tobruk Centre for Children’s Development... for an opportunity to participate in an innovative 5 week workshop series for parents and caregivers of children aged from birth to 5 years.

www.maplinc.com.au

Michelle de la Perrelle
Speech Pathologist
&
Marni Enright
Developmental Educator

Register now for Term 4

COSTS: $250.00 for 5 weeks*
*Includes all resources and materials
(Early Bird offer: $50 discount is available for registrations prior to Friday 23rd September, and 2 fully sponsored places are available)

Dates for Term 4:
Tuesdays from 1pm—3pm:
18th Oct; 1st, 15th and 29th Nov; and 13th December.

Registration to: Tobruk Centre
P: 8683 4488
mdelap@bigpond.com

If you are an early childhood professional interested in the Instructor Training please see the above website for course information and application forms.

© 2008 Dr Rebecca Coleman
BSc(Hons),MPsych(Clin),PhD(Dev).MAPS.

Call Michelle de la Perrelle on 8683 4488 for more details

Mindful Awareness Parenting...promotes the emotional connection between parents and young children (birth—5 years)

“Mindful Awareness Parenting is about caring with strength, kindness, wisdom and delight.”-Coleman, 2008.

“Each of us has a mindful brain with vast potential. No matter what has happened in the past, it is never too late to repair the relationship with yourself and your children in the present moment.” Coleman, 2008.

“Words Used by Parents to describe MAP
Refreshing...Reassuring...Helpful...Interesting...Motivating...New...Logical...Practical...Easy...Relevant...Enlightening”
MAP is about learning skills. It is not a therapy group or a test. You don’t have to talk about personal things. Just enjoy the workshops and the benefits!

**Good for Parents:**
- More happy times with your children
- Feel good about your parenting
- More kindness towards yourself when things go wrong
- Feel less emotional stress
- Fix the relationship when it ‘breaks’ down
- Show your children how much you love them

**Good for Children:**
- More happy times with parents
- Be confident learners
- Trust their parents in tough times
- Feel good about themselves and others
- Get help from people when they need it
- Be kind to themselves and others

If you answer ‘yes’ to one of the following questions - keep reading!

- Feeling stressed?
- Feeling defeated?
- Want to know what to do when you feel pushed to your limits?
- Do you have excessive guilt?
- Do you want to bring out the best in your kids?
- Do you want to learn about your child’s brain development?
- Do you want to know how to discipline your child without humiliating them?

What do MAP workshops offer?

The content used in the MAP workshop series is evidence-based and cutting edge.

**In the MAP workshops you will learn:**
- To notice what your child needs
- To repair your relationships when things don’t go as smoothly as you would like
- Ways to help you stay calm with your kids
- To enjoy being a “Good Enough” Parent
- Ways to look after yourself even when you are busy looking after your family
- To have fun and enjoy being a parent
- Lifelong relationship skills

You will also get handouts and a CD to help you practice at home in between each of the 5 workshops. Each workshop runs for two and a half hours with a break and snacks.

The workshops are specifically designed to be nurturing, respectful, fun and supportive!

**MAP helps you build a bright future for your family!**

**Frequently Asked Questions**

1. **What is Mindful Awareness?**

Mindful awareness is about paying attention to what is going on in the “present” moment. Learning and using mindful awareness helps us to focus on ourselves and others with kindness and acceptance.

University research has also shown that mindfulness practice helps with chronic pain, stress, depression, anxiety, and improves immune system function and increases general well-being.

2. **Why does MAP™ use applied ‘attachment’ theory and mindful awareness skills?**

Attachment based parenting (attachment theory) has been researched for over 50 years. Current experts in the field agree that a secure attachment with parents in early childhood has far-reaching benefits across the lifespan.

Current research reveals that mindful awareness training enhances parent satisfaction and improves relationships.

An awareness of the ‘present moment’ guides your behavior and decisions as a parent while keeping your child’s emotional well-being in mind.

3. **Is MAP™ a religious parenting program?**

No, MAP was primarily founded on university research and scientifically validated mindfulness practices. Mindfulness practice is used in many different religions. MAP has a scientific basis but is considered interfaith and suitable for all parents—religious and non-religious. However, the mindfulness based practice adapted and researched originated with the Theravada Buddhist Tradition of South East Asia.