**Coming Events**

Friday, 5th August  
SAPSASA Basketball Regional Finals Whyalla

Monday, 8th August  
JJAMM Week Commences
Feast Day of Mary MacKillop
School Closure Day (Cleve Field Days)
Muroto School Visit
Boarders Exeat

**Advanced Notice**

Friday, 9th September  
Pupil free day (Staff Retreat, Coffin Bay)

**Welcome**

This week, a new Rotary Exchange Student from Germany joined our Year 11 cohort. **Juliane Beitler** arrived late last week and will be in Port Lincoln for a 12 month stay. We welcome Juliane and look forward to getting to know her, teaching her about Australia and learning about Germany!

**Congratulations**

Warm congratulations to Year 5 teacher **Holly Cunningham**, who became engaged on the weekend to Nathan. We wish them all the very best for the future.

**Wellbeing**

I would like to take the opportunity to introduce myself to you all as the new School Counsellor. I have been a teacher at St Joseph's School since 2003 and have a passion for promoting wellbeing, which I have been lucky enough to do as the R-6 Wellbeing Coordinator.

As the School Counsellor I am now able to promote wellbeing across all year levels and look forward to working with students, staff and parents to provide the best possible support for our school community. I have introduced myself to all R-12 classes and have let students know how I can best support them. They have been provided with a number of different options to access my help and guidance.

Thank you to all parents who have already communicated with me, seeking support for your own children. If you would like any further information on how I can help please contact me on jelena.edmonds@sjspl.catholic.edu.au or ring the school on 8683 2400.

Please refer to the school newsletter or check your email accounts regularly as I will aim to send information home that you or your children may find helpful experiencing some form of difficulty with mental health and wellbeing. This week please refer to the newsletter addition from ‘Southern Eyre Youth Network and Mentally Fit EP’ in regards to the Parent and Community Engagement Night on ‘Youth brain development and the impact of drugs and alcohol.’

**Jelena Edmonds**

**JJAMM Week**

**Remember to pre-purchase your tokens to use at Un-Fair Day - each token is worth 50 cents.**

A BBQ will be available, prices are:  
Sausage in Bread = 2 tokens  
Sausage & Onion in Bread = 3 tokens,  
Steak & Onion Sandwich = 5 tokens.

Mary MacKillop Mass at 9.30am in the Church
Walkathon 11.00am starting time
Un-Fair Day 2.00-3.00pm on the Main Oval.
SJS Relay For Life Candle Bag Fundraiser ... A message of hope ...
St Joe’s is selling ‘Candle of Hope’ bags for $5.00 each at the School Front Office as part of the Relay For Life Fundraising activities. Please write your message of hope on the candle bag and return it to the Front Office so that your bag can be placed on the track at the Relay For Life’s ‘Candle of Hope Ceremony’ at Poole Oval on 22nd - 23rd October this year. Everyone is welcome to attend this beautiful and moving ceremony. Messages of hope are written for those suffering from cancer and in memory of those we have lost, candles will be lit within the bag as a sign of hope which will light the perimeter of the track for the remainder of the Relay. Write or decorate your bag any way you choose and anyone is welcome to purchase them. What a beautiful tribute to those we love. All money raised goes to Cancer Council Australia to assist in their research, education and support programs.

Krispy Krème Doughnut Collection and Doughnut Stall
If you have placed an order for Krispy Kreme Doughnuts as part of our Relay For Life fundraiser, these can be collected tomorrow at Leading Edge Jewellers from 10.00am-5.30pm, or Saturday 9.00am-12.30pm.

We will have individual Original Glazed Doughnuts for sale at recess time tomorrow for $2.50 each.

School Photos
School photo dates are Tuesday 23rd - Wednesday 24th August (Week 5) and envelopes will be distributed next Thursday, 11th August. Each student will have their own individual envelope. Family photo envelopes can be collected from the Front Office from next Friday.

Premier’s Be Active Challenge
The Premier’s Be Active Challenge is open in all South Australian Government and non-Government schools or home education settings. This year our Reception - Yr 6 students will be participating in the Premier’s Be Active Challenge. The challenge is to be physically active for 60 minutes a day, for 5 - 7 days a week, for four weeks. If students can do that they get a medal!
There are many ways to be active. It does not always need to be with a sport. A list of possible activities will be displayed in the classrooms and students will brainstorm options. As long as they are being physically active in their day, then it counts.
The students will be provided with booklets that will be kept in their classroom and will need to keep an accurate record of their physical activity and the time spent participating in it. Looking forward to a fun and active Term 3!

Community News
Night time Basketball - Friday nights 8.00 - 9.00 pm at the Port Lincoln High School Gym, ages 10 - 17 years. For more information contact West Coast Youth Programmes Team on: 0400 746 642 or contact Youth Programs on Facebook.

School Facebook Page
Check out our Facebook Page as well as the Port Lincoln Times to read about Millie’s great idea. We invite you to like and share our Facebook page with your friends and family.

St Mary of the Angels Parish Mass Times
Saturday Evening at 6.00pm
Sunday Morning at 9.00am
First Sunday of each Month - Coffin Bay at 6.00pm
Second Sunday of each Month - Youth Mass at 6.00pm

Canteen Roster - Week 3 Term 3

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<td><strong>Weekly Specials:</strong> Beef Curry and Rice</td>
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If you are unavailable to attend your rostered day, please contact Val Ingerson on 8683 2400 at the school or 8682 6457.
Southern Eyre Youth Network and Mentally Fit EP bring to you a Youth brain development and the impact of drugs and alcohol

Parent and Community Engagement Night
Please join us for a youth friendly, factual information session about youth brain development and the impact of drugs and alcohol (particularly methamphetamine awareness)

Opportunity for questions
Monday 8th August
6.30 - 8.30pm
Youthoria Cinema
Tea, coffee and biscuits provided

[Logos of West Coast Youth & Community Support, Mentally Fit EP, SA Health, and PHN Country SA]
1-2-3 MAGIC® & EMOTION COACHING
PARENT COURSE

Learn to manage difficult behavior in children 2-12 years old

A three-session program for parents and carers with UnitingCare Wesley Country SA
at 80 Oxford Tce, Port Lincoln
Friday 5th, 19th and 26th August 10 – 12

✓ How to discipline without arguing, yelling or smacking
✓ How to sort behaviour
✓ How to handle challenging and testing behaviours
✓ Choosing your strategy, the three choices
✓ Using emotion coaching to encourage good behaviour
✓ 7 tactics for encouraging good behavior

Parents will receive:
• A 1-2-3 Magic & Emotion Coaching Parent Workbook

Registration Fee?
There is no cost for this course.
Register for this course by contacting Marie Klander Family and Relationship Service 86827903

What people are saying...
What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control

Who is running it?
The presenter for this course is Marie Klander and Sharon Betts
who completed Parentshop’s 1-2-3 Magic® & Emotion Coaching practitioner training on March 2011

For more information contact: marie.klander@ucwcsa.org.au
Morning Tea Provided

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au