Prayer

Lord, within me beats a heart.
Deep inside of my being is the silence of Your love.
May all of my energies be directed to living life to the fullest
in the calmed assurance of Your everlasting love.
Let today take care of itself, as You care for me.
Let the stresses and worries of this life
be controlled by the strength of my faith
and the knowledge of Your love.
The world will make demands, and with Your help,
I will strive to be the best that I can be
and meet whatever task is rightly asked of me.
I will make the most of opportunities given to me,
and seek to also enrich the lives of others.
We ask this through Christ our Lord, Amen.

Catholic Education Week

Next week the Port Pirie Diocese will celebrate ‘Catholic Education Week’, a chance to showcase the many wonderful things that are happening in the 13 Catholic schools in the Diocese.

During this week, we will be holding the Vinnies Winter Appeal and families are encouraged to donate items of non-perishable food and/or blankets. The Diocese has set a target of collecting 1000 blankets across the Schools, so any contributions would be greatly appreciated. Colourful Cupcakes will also be on sale on Wednesday of next week for 50 cents each, to raise funds for the Caritas Australia Nepal Appeal.

The SRC is conducting lots of fun activities for students to be involved in each day, please read the ‘Coming Events’ section of this Newsletter to see what is on each day. A reminder that students are permitted to wear their School PE Uniform all week, including their School House T-Shirt if they have one.

The theme of Catholic Education Week is ‘Live Life in all its Fullness’, also our school theme for this year. Students are encouraged to make the most of all opportunities life provides for them, and to contribute in ways that support others having full and enriched lives also.

CARA Camp

From Friday, 15th of May to Monday, 18th May, and 7 Year 11 students will be attending the CARA Camp for Kids as buddies and mentors to the children attending. The CARA Camp for Kids is an opportunity for families of a child with disabilities to have some respite, as well as providing these children with some fun experiences that they might not otherwise get to experience. As a school we are very proud of our involvement with these camps and the willingness of our students to give of themselves and be involved in such a worthwhile activity. We wish them all the best and look forward to hearing about their experiences on their return.
When young Tom was asked by his teacher if his family said a prayer before the evening meal, he replied, "We don't have to, our Mum's a good cook". Full marks to Tom; obviously, he has total confidence in his mother and loves her dearly. To be able to love his Mum, Tom first has to love himself. Some people find that this is not always easy to do.

Holding a strong respectful image of ourselves is essential to self-love. Whatever our history has been, it is possible, gradually, to learn to appreciate ourselves as a loving and loved person, a source of love for others and ourselves. Tom’s Mother has a recipe for self-love and she lists the following as the essential ingredients:

- Be kind to your mind. Gently change your thoughts if they are negative.
- Treat yourself as you would treat someone you really loved. Praise yourself.
- Consciously generate positive thoughts and feelings in place of old thoughts of inadequacy.
- Watch what you say; avoid self put-downs. Cease to be critical of yourself and others.
- Relax.

Mothers Day Celebration
Thank you to all Mums who attended the Liturgy on Friday. It was a wonderful celebration of the important role offered by mothers, carers, grandmothers, godmothers, aunts, sisters and all those who provide motherly care to our young. Special thanks to Jen Deer for organising the Liturgy.

Enrolments for 2016
We would like as many prospective families to come through our doors and discover the wonderful opportunities that St Joe’s education can provide. But we need your help. Word of mouth is the most powerful force in the reasons why parents choose a school. Your support in encouraging friends to come and have a look would be greatly appreciated.

Police Check
Each month the Police Check Unit of the Catholic Education Office, sends reminders to parent volunteers that Police Clearances are about to expire. If you have received a letter and wish to continue to volunteer your time at the school in any capacity, you will need to complete a new application form.

That Sugar Film
Last week Year 6 & 7 students viewed That Sugar Film and were made aware of the hidden sugars in many foods. It was surprising to see such a lot of the foods found in everyday school lunchboxes are very high in refined sugars. These are often also the multipack foods which have individual wrapping. Teachers have been discussing ways to work with their classes about litter, good food choices and making positive changes in these areas at school.
NAPLAN
Students in Years 3, 5, 7 and 9 have approached NAPLAN this week with a positive and sensible attitude, mindful that these tests are one means of assessment on a particular day. At St Joseph’s, teachers incorporate a variety of assessment tasks to inform their teaching and to provide information on a range of learning outcomes. Results from NAPLAN, available later in the year, are a small part of this picture and data is analysed for future planning. Thank you to Mrs Kelly Webber for all of her work in coordinating NAPLAN this year.

Gymkhana
Dylan Porter, Jayde Whittaker (Year 7), Maya Lloyd (Year 8), Catherine Southam and Alice van den Broek (Year 9) competed in the Interschool Gymkhana at Ravendale Race Course on Monday. Well done to all.

SRC Spirit Award
The Senior SRC is very keen to promote school spirit, inclusivity and a positive attitude amongst our entire student body. They have initiated the ‘SRC Spirit Award’ to provide students with opportunities to earn points for their House (Tenison, Penola or Mackillop) for a wide range of categories - such as participating in extra-curricular activities, representing the school, caring for others, achieving their best, and being positive examples to others.
Staff have been busy awarding points to many students already and the up to date scoreboard on the Intranet homepage is providing some healthy competition amongst students and their Houses. A shield and prize will be awarded to the winning House at the end of the year. Just another way that students can ‘live life in all its fullness’ here at St Joseph’s School.

Year 9 & 10 Japanese Language Studies
Year 9 & 10 students have been very involved in the Japanese Language studies. The Interschool Gymkhana and the Japan Cultural Trip both provide opportunities for Year 9 & 10 students to use their language skills. Many students have found that these extra-curricular activities bring a lot of fun to their studies.

Thermomix Raffle
1st Prize: M Whillas
2nd Prize: Anne Trewartha
3rd Prize: Pat Dale

Drop-Off & Pick Up
As you are all aware ‘drop-off’ & ‘pick-up’ are busy times of the day in and around our school. Particularly the main area between the Church and the School which has been further compounded with the Tumby Bay bus also using this route.
Unfortunately there isn’t another practical location for the bus to collect and drop students, given the ages of some these students and the location/layout of our school.
There have been some issues reported by both staff and students in recent times relating to the movement of vehicles and students during these times.
To ensure this process is as smooth as possible and that the safety of all of our students is maximised, parents/caregivers are asked to follow these protocols:

- Students are only to be collected by vehicles in the queue, once that vehicle reaches the ‘drop-off/pick-up’ zone adjacent the Kelly Centre.
- Students are not to cross the car park to reach vehicles in the queue
- Parents and /or students who park around the back of the church are to use designated road crossings to move to their vehicles
- The drop-off /pick-up zone is not a ‘parking zone’ and cars must not be left un-attended or remain stationary.

All vehicles must move forward with the flow of the traffic

The Tumby Bay bus driver has been instructed to wait behind the Church until 3:25 and then follow the flow of the traffic to the drop-off/pick-up zone. When the bus reaches the front of this queue, students will then board the bus.

Parents are also asked to avoid parking alongside of the Administration Building in front of the disabled car park, as this congests the main roadway out of the school. This area is marked with white diagonal stripes to indicate ‘no-parking’.

Trade Skills Centre
There has been considerable progress with construction of the new Trade Skills Centre. It is on track for completion at the end of this term. New plant and equipment is scheduled to be installed during the next holiday period.
This initiative will provide fantastic opportunities for Senior students wishing to pursue careers in the construction industry, given its size and the variety of equipment to be installed.

Home Ec. Garden
The area adjacent to the Home Ec. Centre was transformed over the holiday period to make way for a new vegetable garden. As we look to develop several areas of the school grounds, this idea from Mr Gavin Pinnington was seen as a great way make this space more productive. It will enable students to grow and then use fresh produce in their cooking and thus develop a greater appreciation for the food cycle.
The area was cleared and the base prepared and four large raised garden beds were purchased through Eyre Tank Makers. This will provide the students with a terrific ‘hands-on’ approach to their cooking.

WHS & Property News

Junior Primary Outdoor Learning Space
Our new space is now complete and in use. There have been many positive comments from parents about the area which will add another dimension to the learning and interactions of our Junior Students.
This space was designed and will be utilised for student learning and therefore is not just a ‘playground’. As furniture and equipment are purchased the area will evolve in the way it is set up and used by our Junior Students.
To ensure it remains a ‘learning area’, the gates will remain locked, most of the time. Occasionally it will be opened to allow parents and younger siblings a ‘morning play’. Parents are asked to avoid allowing their children to use it before and after school and at any other time.
Community News

St Mary of the Angels
Parish Mass Times
Saturday 6.00pm
Sunday 9.00am
Father Steve Ardill
Father Julius Chamlungu

Uniform Shop Hours
Monday &
Wednesday
3.00pm—5.00pm

A Reminder from the
Office Ladies
To ensure misplaced school clothing
and belongings are returned to the
rightful owners, please ensure you
label your child’s items clearly.
If you have lost items, please check
regularly in the Lost Property Box in
the Front Office.

SA Police
SAPOL had a state wide operation running last week targeting drivers with children in their
vehicles and spent a bit of time within the school zones at pick up and drop off times. An
issue Police found locally is children under 7 travelling in the front seat and they want to
remind parents that children under 7 years old should not be travelling in the front for their
own safety. Testing in this area has been carried out world-wide over the years and the
results show significant evidence that an adult seatbelt will not prevent children under
145cms tall who are sitting in the front seat from flying through the window at the time of a
serious collision. Children under this height should ideally be in a booster seat and situated
in the rear of the vehicle (they can be in a front seat only if they are over a certain height
(145cm) and if no other seats are available (ie. rear seats all taken by other children under
the age of 7).
The fine for not obeying this rule could be around $400 plus 3 demerit points.
Parking in the bus zone and areas marked with yellow lines is also a no go. This could also
earn drivers a huge fine. Parents who use these areas during the school pick up and drop
offs are putting children’s lives at risk. Please remember to do the right thing around our
school.

Port Lincoln Christian Bookshop
Come and visit the Port Lincoln Christian Bookshop (59 Mortlock Tce PORT LINCOLN) for all
your gifts and cards for First Communion. We have a good selection and would love to see
you. We have a “New Look”, come and see the renovations and share a cuppa with us.
We are open:
Monday 10am -5pm
Tuesday 9.30am -5pm
Wednesday 9am -5pm
Thursday 10am -5pm
Friday 9am -5pm

FAME Awards (Film & Music Entertainment Awards)
Budding young film makers - submit a short film/music video for great Prizes & Trophies.
Under 13 category and Open categories. Gala Awards Night June, 26th at Nautilus Theatre.
For more information and entry forms please visit: www.portlincolncityband.org or call
Valerie on 0427 833914. Entries close 1st June 2015.

Million Paws Walk
RSPCA Million Paws Walk, Sunday 17th May 2015 commencing 10am at the foreshore.
For more information visit the RSPCA Facebook page or www.rspcasa.org.au

Japanese Word
of the Week
サッカー sakkaa
Soccer

CANTEEN ROSTER TERM 2, WEEK 4, 2015

<table>
<thead>
<tr>
<th>Mon 18/5</th>
<th>Tues 19/5</th>
<th>Wed 20/5</th>
<th>Thurs 21/5</th>
<th>Fri 22/5</th>
</tr>
</thead>
<tbody>
<tr>
<td>K Charlton</td>
<td>N Nicholls</td>
<td>K Spry</td>
<td>Y Stehr</td>
<td>K van Rooijen</td>
</tr>
</tbody>
</table>

Soup: Pea & Ham $2.50 per cup Soup Roll: 80c
If you are unable to attend on your rostered day, please contact
Val Ingerson on 86823655 at school or 86826457 at home.
*Please use and follow the Term 2 menu*
“Come, live life in all its fullness” John (10:10).

Throughout the Diocese of Port Pirie we are privileged to celebrate Catholic Education each and every day. I see countless examples of students, teachers, support staff, volunteers, parents and parishioners putting their faith into action, living our Catholic values and celebrating who we are as a Catholic community. Catholic Education Week is a time to pause and ‘give thanks’ for the efforts of so many who enrich our schools in and across the Diocese of Port Pirie.

Education is about life and the formation of the whole person. We are called to be proactive in living life to its fullest: a life based on Jesus and Gospel values. We are called to explore life in all its dimensions: spiritual, intellectual, physical and global. Learning is a lifelong and life wide process and engendering a love of learning for life is central to our beliefs. Catholic Schools are places of discovery, exploration and hope. They are a means by which our students, staff, families and communities learn what it is to be fully human. Our energy, vitality and commitment come from this vision. It serves to unite us in a common pursuit of all that is best in Catholic Education. It provides strength and direction whether working, learning, praying or celebrating – and here in the Diocese of Port Pirie we have much to celebrate!

During Catholic Education Week our schools are invited to celebrate and share how they are ‘Living Life in all its fullness’….inspired by Jesus in the lives of their students and within their broader communities. While each of our schools across the Diocese has its own identity, we all share the same overarching goal of the promotion of the human person – our students are the centre of all our endeavours within the school.

Catholic Education Week especially celebrates the efforts students make with their own studies; the assistance they give to those in need; the simple joy they bring to one another and to the life of the school, and the generosity and energy they bring to fundraising for charitable causes and supporting those less fortunate.

Catholic Education Week is an opportunity to share with gratitude what happens in our Catholic Schools with the wider community. I encourage staff, parents and friends to take a few moments to visit our Catholic Education – Diocese of Port Pirie website and learn more about our schools; our students, staff and educational communities:

www.cesapp.catholic.edu.au

I wish everyone a happy and life giving Catholic Education Week 2015.

Warm regards,

Brenda Keenan
Director of Catholic Education
Diocese of Port Pirie

Pope Francis has described the Church as “the Mother Educator”, a statement that reflects the centrality of education in the mission of the Church. He endorses Catholic schools time again. “Let us thank all those who teach in Catholic schools. Educating is an act of love. It is like giving life. And love is demanding”. He describes education today as “a key, key, key mission!”

Staff in Catholic schools are concerned not only with the life of the mind and the care of the body, but the growth of the inner spirituality of each of their children. That is why the Church in general and our diocese in particular commits itself so significantly to the education of the young. Teachers do not work alone – they have the support of all those who help the school function, from the office staff through to all other school activities. To all the men and women conducting our Catholic schools, we give thanks, and invite our parents and students to pay them due honour.

May the schools of our Diocese continue to strengthen the mission of the Church to serve the young and prepare the future.

+ Gregory O’Kelly SJ
Bishop of the Diocese of Port Pirie
Year 7 Errappa Camp

This year for Year 7 Activities Week we attended a camp in Iron Knob, Errappa. We all pushed ourselves to boundaries we never thought we would step out of and conquered our greatest fears. We worked exceptionally well, we helped, listened and worked as one team.

The camp was run by two police officers; Paul and Dave, and assistant helper, Bindie. The camp included a lot of high rope courses, team work activities, orienteering, camp fire, laser tag, the flying fox, rock climbing and finally the most nerve-racking leap of faith.

The majority of the boys favoured the day-time laser tag as it reflected on running around having fun. The girls favoured the free times spent bonding in the dorms, the girls became closer to people they didn’t know well and also had a lot of laughs. The whole grade made life-lasting friendships with different friends, and showed maturity and leadership throughout the camp.

We would like to thank all of the teachers that played a role in making this camp happen, without you this opportunity wouldn’t have been possible. We would like to mention the teachers who played a part; Thank you to Mrs Treasure for organising the camp, Mrs Osborne, Mr McShane and Miss McNamara for supervising our camp in your own time and putting up with us.

Samuel Clark & Liana Baldwin

Year 8 Nyroca/Dutton Bay Camp

At the start of Week 11, the Year 8 boys went to Dutton Bay and the girls went to Nyroca. At Dutton Bay, we did a lot of activities. We went for a walk to Shelly Beach, made damper and sat around the campfire. Some other activities were fishing, walks along the beach and doing art and making dreamcatchers. We had a quite relaxing time doing what we wanted to do. Everyone made a lot of new friends and learnt a lot about each other. Thanks to the teachers who were able to come on the camp with us and thank you to the people who let us stay at Dutton Bay and Nyroca.

As soon as we got to Nyroca the kids put down their bags and ran off to check the place out. There were lots of activities and things for the kids to do such as team activities including yabbying down in the creek which was a great experience for all the kids. We also had a volleyball challenge and the Marble Range walk which was tough, but also an awesome sight at the top. There were lots of other activities set up for the boys at the campsite at Nyroca which kept everyone occupied.

All in all it was a great experience for the boys and girls to meet other people they may not have known very well.

A huge thank you to all the teachers who gave up their time to let everyone have such a great camp.

Lani Wise & Matt Rogers

Muroto Cultural Exchange to Japan

Ohayo gozaimasu.

The Muroto Friendship Committee’s Cultural Exchange to Japan was epic. As a group, we made friendships that will last years and collected a lifetime’s worth of private jokes. As a delegate, I met so many wonderful people, I could not possibly talk about them all, however, they will bring me smiles for years to come. From patient host Mums who made sure to explain very carefully how to use the shower, to random passers-by on the street who were happy to walk you half a kilometre to the nearest toilet after listening to your garbled, broken Japanese phrases, everyone we met was generous and friendly. It felt like we were accepted and welcomed by the whole country. I was extremely grateful for my pre-existing Japanese education, as it helped to bridge some of the language barriers and gave me confidence to interact with the locals.

We had so many wonderful experiences; rice planting, origami, calligraphy, karaoke, travelling at insane speeds on bullet trains, wandering around pristine, beautiful cities, cooking crazy new foods and eating anything that looked remotely edible (they turned out to be delicious every single time). I was extremely grateful to be able to represent Pt Lincoln, but especially St Joseph’s School. Every time someone told me ‘Your Japanese is so good!’ I felt like they were complimenting Mr Brown directly, even if he couldn’t hear, and I am counting the days until the School Education trip when I can return to that wonderful country and again further develop my Japanese.

Arigatou gozaimasu!

Madeline Harris
Last Friday the 8th of May, 30 of our Primary school students participated in the annual LEP Cross Country Carnival. The carnival was held at Pioneer Park with 109 competitors competing from St Joseph’s school, Navigator College, Port Lincoln Primary school, Kirton Point Primary school and Lake Wangary.

The day commenced at 11am, with the 10 year old boys and girls completing a 2000m track, while the 11, 12 and 13 year olds completed 3000m. The long uphill leg was a test for all of the runners, who had to push up the gruelling hill to complete the course.

Many outstanding performances were seen throughout the day especially from Mitchell Baillie, Indi Edwards, Sachi Syme, Tasmin Durdin, Max Rogalski, Abbey Bates and Meaza Otto. The 11 year old boys provided a real tussle for the placings with John Bascomb, Dakota Lawrence and Beau Baldwin placing 1st, 2nd and 3rd respectively for St Joseph’s.

Congratulations and thank you to all athletes in the St Joseph’s team; you represented yourselves and the school admirably.

Results from the day:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Participant</th>
<th>Position</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 year old boys</td>
<td>Mitchell Bailey</td>
<td>2nd</td>
<td>8.14</td>
</tr>
<tr>
<td>10 year old girls</td>
<td>Indiana Edwards</td>
<td>1st</td>
<td>9.03</td>
</tr>
<tr>
<td>11 year old boys</td>
<td>John Bascomb</td>
<td>1st</td>
<td>12.05</td>
</tr>
<tr>
<td>11 year old girls</td>
<td>Dakota Lawrence</td>
<td>2nd</td>
<td>12.18</td>
</tr>
<tr>
<td>11 year old boys</td>
<td>Beau Baldwin</td>
<td>3rd</td>
<td>12.19</td>
</tr>
<tr>
<td>11 year old girls</td>
<td>Sachi Syme</td>
<td>1st</td>
<td>14.22</td>
</tr>
<tr>
<td>11 year old girls</td>
<td>Tasmin Durdin</td>
<td>3rd</td>
<td>14.58</td>
</tr>
<tr>
<td>12 year old boys</td>
<td>Max Rogalski</td>
<td>2nd</td>
<td>11.58</td>
</tr>
<tr>
<td>12 year old girls</td>
<td>Abbey Bates</td>
<td>2nd</td>
<td>13.51</td>
</tr>
<tr>
<td>13 year old girls</td>
<td>Meaza Otto</td>
<td>1st</td>
<td>14.24</td>
</tr>
</tbody>
</table>

Tracy Baldwin
Primary Sports Coordinator

Live Below the Line Challenge

It is always wonderful to hear of our students taking the initiative and action to help others in less fortunate situations than themselves. Sisters, Millie Russell (Year 11) and Hannah Russell (Year 7) recently participated in the ‘Live Below the Line’ challenge. Congratulations girls on your tremendous effort and care for others.

Thank you to Millie for writing the following reflection.

Last week, along with 9000 others from around Australia, we partook in a challenge called Live Below the Line, which is conducted by Oaktree, one of Australia’s largest youth-run organisations. During the 5 days, participants eat on $2 a day in order to gain a small insight into the challenges of extreme poverty ($2 per day is the Australian equivalent of the extreme poverty line). We pooled our $10 each together and did our shopping on the Saturday, buying items including rice (lots!), pasta, oats, bread and canned tomatoes. Our total costs came to $19.51, which was quite surprising - purchasing generic brands went a long way! On Monday, we were psyched, but our spirits were quickly dampened by plain, soggy porridge. We had to get over it though, because that would be our breakfast for the rest of the week. All lunches consisted of rice and a few green leaves (a luxury we could thankfully afford) and dinners were pasta with onion and tomato sauce. By Friday, we were craving anything but carbs!

The $2 we each had for one day only covered the cost of food, however, it is important to remember that people living below the extreme poverty line must stretch this to include clothing, shelter, savings and other expenses.

The focus of Live Below the Line’s fundraising is education: “Education is the most powerful tool we have to make a difference in the lives of those living in poverty. As a result of skills and knowledge sharing, young people are empowered to pursue their goals and rise from the cycle of poverty.” Funds raised help to provide scholarships, renovate schools and train teachers to provide education for thousands of young people who live below the line everyday.

Donations are open until June 30th. If you have a few dollars to spare, please head to our donation pages on the Live Below the Line website and help us change the world!

www.livebelowtheline.com.au/me/millierussell
www.livebelowtheline.com.au/me/hannahrussell

Millie Russell
Year 11 Student

Hannah Russell
Year 7 Student
The Federation is actively recruiting for Council members

Are you:

- A member of a SA Catholic school parent community?
- Passionate about parents as partners in education?
- Energetic, creative and considered?
- A respectful advocate for the parent perspective?

Take your passion, commitment and skills to another level

Nominate to join the Council of the Federation of Catholic School Parent Communities (SA) Inc. and continue its strong tradition of active and influential parent voice in:

- Working to ensure that children have good learning and schooling experiences and achieve good outcomes
- Shaping government and Catholic education policy and programs
- Promoting parental engagement in children’s learning and schooling
- Advocating for equitable funding for Catholic schooling

You can go to [http://www.parentfederation.catholic.edu.au](http://www.parentfederation.catholic.edu.au) for more information.

Or contact:
Ann Bliss, Executive Director on ann.bliss@cesa.catholic.edu.au or Ph. 8301 6685

Are you ready to make a difference?

Note:
Council elections will take place at the 48th Annual General Meeting of the Federation of Catholic School Parent Communities on Saturday 30th May 2015. All written nominations will be presented to delegates at the AGM and nominees are encouraged to attend.