Thursday, 25th September 2014 - Term 3 Volume 10

Coming Events

Friday 26th September
Last day of term, dismissal 1.00pm

Monday 13th October
Term 3 Resumes

Tuesday 14th October
School Board Meeting, 7.00pm

Wednesday 15th October
Ready4School 9.00am

Wednesday 22nd October
Year 12 Mass 7.00pm

Year 8-11 Art Showcase

The Yr 8-11 Art Showcase will end tomorrow, so pop into the Tasman Hotel ‘Moorings Function Room’ and have a look at the great work of our students.

Social Justice Sunday 28th September

We celebrate Social Justice Sunday on the 28th September. This year’s Social Justice Statement is titled: ‘A Crown for Australia: Striving for the best in our sporting nation’ The Statement celebrates the place of sport in our national life, especially the way in which it brings individuals and communities together and contributes to our health and wellbeing. At the same time, the Statement challenges to look at sport’s darker side—the potential for violence, abuse and corruption that blights its image and disillusion those who love it most. For further details about the Statement visit http://www.socialjustice.catholic.org.au

Sherpa Kids - Vacation Care Program

If you require care for your children for the up coming holidays please contact Megan on 0419524563 or email stjoptli@sherpa-kids.com.au urgently to confirm a space.

Butterfly Foundation for Eating Disorders

There will be a workshop for parents of Primary and Secondary students at the Port Lincoln High School, Ruskin Road on Thursday 23rd October, 7pm - 8.30pm. Cost is $25 per person, book online at www.thebutterflyfoundation.org.au.

Autism Workshop

There will be a free workshop for parents and carers of children with autism on Monday 20th October at the Port Lincoln Hotel. Register your place at www.positivepartnerships.com.au

Drama Club

Drama Club meets after school on Wednesdays at the Nautilus Theatre. Primary students (Yr 3-7) from 4.00-5.30pm, cost is $20 per session. Bookings essential, phone 0409654651.

Photography Workshops

ABC OPEN Producer, Emma Pedler, is conducting two free Photography Workshops on Tuesday, 30th September and Thursday, 2nd October. Phone The Port Lincoln Library for more information on 86883622.

Wonders of your Coastal and Marine Environment

Join us for story time and an art session with Barngarla women. Hear about protecting our amazing coastal and marine environment with a talk from our local marine scientist, Dr Shelley Harrison on Wednesday 1st October, 11.00am at the Port Lincoln Library. Bookings phone 86883622.

September Spring Fair

A Spring Fair will take place on Sunday 28th September from 9am to 2pm at Kallinyalla Nursery. Coffee, local produce, yiros and art and crafts.

Port Lincoln Quilters’ Guild 2014 Exhibition - At Arteyrea on Saturday 11th and Sunday 12th October, 10am-5pm. Admission $5 (includes morning or afternoon tea)

Port Lincoln Cricket Association

The PLCA is commencing a new competition for U/13s (10-13yo). Competition will be held mid week at the Ravendale Sports Complex. Registration on Wednesday 15th October, 4.30 at the Tasman Cricket Club nets.

REMINDER TERM 4 HATS & SUMMER DRESSES MUST BE WORN
Please purchase from the uniform shop

TERM 4 WEEK 1
Wednesday & Friday Specials
NACHOS $4.00
Mental Health Week Community Activities

Mental Health Week (Sunday 5th Oct - Sunday 12th Oct) is a nationwide initiative aiming to raise awareness about mental health and the services available. Residents on the Eyre Peninsula have the opportunity to be involved in a range of activities throughout the week, which have been put into a timetable for you below! It will be great to see everyone out and about. A big thank you to all organisations, businesses and community members below who have DONATED their time to this excellent initiative. Any donations will be put towards Miss Good Living Organics’ fundraising for her charity; West Coast Youth and Community Support. Every donation receives an entry for the chance to win a 10 Visit Pass for Maisha Gym, which will be drawn on Saturday at 11am! HAVE A FANTASTIC WEEK EVERYONE!

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<tr>
<th>SUNDAY 5TH OCT</th>
<th>MONDAY 6TH OCT</th>
<th>TUESDAY 7TH OCT</th>
<th>WEDNESDAY 8TH OCT</th>
<th>THURSDAY 9TH OCT</th>
<th>FRIDAY 10TH OCT</th>
<th>SATURDAY 11TH OCT</th>
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<td>*HAPPY MENTAL HEALTH WEEK!</td>
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<td>Give a compliment today! Allow yourself to feel good for making someone else feel good!</td>
<td>*Happy Long Weekend! Use this time to appreciate your surroundings. Visit a place you haven’t been, or haven’t visited for a while. Suggestions; Port Lincoln or Coffin Bay National Park, Winter’s Hill, Glen Forest Animal Park, the jetty...</td>
<td>11.00am Official Opening of Mental Health Week at the Port Lincoln Library Information about services available for our community</td>
<td>7.00am Boxing class at Maisha 15 participants max. Secure a spot with Jesse on 0488 135 430 Bring a drink bottle and towel Gold coin donation</td>
<td>11am-2pm Community Picnic in the Park on the foreshore at Makybe Diva Bring a rug and your lunch</td>
<td>10.00- 11.30 Yoga class at Maisha with Barbie Clutterbuck 20 participants max. Secure a spot with Jesse on 0488 135 430 Bring a drink bottle and towel Gold coin donation</td>
<td>7am Sunrise Bright and Bold walk! Bright and happy way to start a Saturday Yacht club to Axel Stenross and back. Dogs, bikes, prams, etc all welcome! $4 Bacon and egg sandwich for brekky at the yacht club on return. Participants to also receive a coffee &amp; cacao ball voucher for Glo.</td>
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<td>*Whip up something in the kitchen that you love! What’s your favourite food? Make that to start off your week on a happy note!</td>
<td>1.00-5.00pm Youth art workshop at Arteyrea with Lain Montgomery &amp; Kath Ryan 20 participants max. Secure a spot with Kath on 0427013747 or <a href="mailto:kath@wcys.com.au">kath@wcys.com.au</a></td>
<td>12.30pm Community screening of ‘Planes; Fire &amp; Rescue’ at Youthoria Cinemas</td>
<td>12.30pm BBQ, Jumping Castle and activities for youth at the Port Lincoln Yacht Club Gold coin donation</td>
<td>12pm Mana Wellbeing Centre Meditation class with Ngahuia Trewartha 11 participants max. Secure a spot with Lain on 0427 395 003 Gold coin donation</td>
<td>*Make sure you get outside during your lunch break even if it’s for 10 minutes to breathe in some fresh air! OR</td>
<td>*Relax! In the busy routines that we are a part of we often don’t take the time to relax. This is your time to kick back and forget about the world for awhile.</td>
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<td>*Set a goal for the week ahead. What is something you want to achieve? It may be to spend more time with friends or family, to exercise more or longer, to finish an artwork or to eat healthy… whatever it may be set it today and follow it through!</td>
<td>*Spend your night with someone you love, or make the effort to talk to a friend you haven’t spoken to for awhile.</td>
<td>6.30pm Maisha outdoor bootcamp at Makybe Diva 20 participants max. Secure a spot with Jesse on 0488 135 430 Bring a drink bottle and towel Gold coin donation</td>
<td>6pm EFM bootcamp at the Leisure Centre 25 participants max. Secure a spot with Mel on 0402 817 012 Bring a drink bottle and towel Gold coin donation</td>
<td>5pm Come try Crossfit class at Port Lincoln Crossfit Secure a spot with Guy on 0427 475 103 Bring a towel and drink bottle Gold coin donation</td>
<td>7pm Women’s Health and wellness info night at the Moorings Function Room at The Grand Tasman Hotel Tickets $20 includes guest speakers, nibbles and a glass of wine. Tickets available at Glo or by contacting Lain on 0427 395 003</td>
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<td>6.30pm Life is a Circus Gala Ball at the Port Lincoln Race Course. Hosted by the Eyre Peninsula Mental Wellbeing Program group</td>
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Support on 8683 0072

To be placed on a waiting list please contact West Coast Youth and Community Support on 8683 0072
St Joseph’s School
Port Lincoln
Old Scholars’ Night

Are you an Old Scholar of St Joe’s?

Saturday, 25th October, 2014

Port Lincoln Hotel Function Room at 7.30pm

$30 per person
Tickets available at St Joseph’s School
Phone 8682 3655
Pre-sold tickets only

Canapés provided        Entertainment by Nick Krieg

Tickets Selling fast!
Make sure you get your group together for a fun night of reminiscing and reconnecting.
Contact the School to arrange your tickets.
marketing@stjoptli.catholic.edu.au    Phone 8682 3655